

WEEKLY

MENU

GLOBAL ACADEMY



Monday

Tuesday

Wednesday

Thursday

Friday

Chilli Con Carne with Rice

Chicken Mild Curry with Rice

Roast Pork with Crackling and Apple Sauce

Minced Beef and Onion Pie

Battered Fish with Lemon and Tartar Sauce

Quorn and Chick Peas in Tomatoes Couscous (V)

Quorn, Tomato & Herb Lasagne (V)

Macaroni Cheese (V)

Tomato and Veg Pasta Bake (V)

Cheese and Onion Flan (V)

Fresh Side Salad

Garlic Bread

Roast Potatoes

Creamy Mashed Potatoes

Chips

Carrot Batons & Green Beans

Roasted Butternut Squash and Courgettes

Steamed Broccoli & Cauliflower

Roast Roots

Baked Beans & Garden Peas

Sticky Coconut Cake with Custard

Jam Swiss Roll with Custard

Apple and Cinnamon Crumble with Custard

Vanilla Cake with Icing

Banoffee Pie

Available daily

Jacket Potatoes with Filling, Salad, Fresh Fruit, Sandwiches, Baguettes and Wraps, Fresh Fruit Pots